



# Covid Training 1

**For Community Health Workers and Volunteers**

Covid symptoms, Prevention, and Vaccine

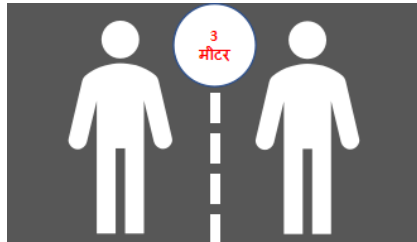
# Signs and Symptoms

- Fever, Cough, Cold
  - Start home Isolation protocol immediately which will be explained further
  - If possible, get tested
  - Isolated from rest of family



# Prevention

- Masks
  - Double masking
  - Surgical mask + fabric mask
  - Must cover nose and mouth
  - **Show masking technique**
- Distancing
  - 3m not 2m
- Continue frequent hand washing
- Do not go in crowded places



## Break Out Sessions

How will you ensure that community members are following covid protocols strictly?

One CHF per group to give group answer after breakout session

# Vaccine

- Vaccine very important to prevent covid
- Vaccine is safe
- Fever, body aches, chills very common as body learns to fight virus
  - Take paracetamol
- 18 years and above to register on CoWin App, or go to ASHA/PHC to register
- CHE to identify and help eligible individuals, and ensure vaccination with help of ASHA and PHC
- When not to take vaccine
  - If you have covid symptoms like fever, cough and cold
  - Pregnant women
  - If covid positive, wait for four weeks to take vaccine after testing negative



# Vaccine Break Out Room

How can you motivate people in your community to get vaccinated?

How can you react to the fear and misconceptions of vaccinations?

One CHF per group to give answer after break out session

# Homework

- How can you work with your community to motivate vaccinations and mitigate fear of Covid and Vaccine?